

Facelift

A facial rejuvenation procedure which involves repositioning of facial tissues and removing redundant skin to eliminate slack, folds and jowls, and diminish deep lines of the face and neck. The result is a more defined jaw line, diminished wrinkles and an overall brighter, more youthful look.

Price:

Mid-facelift:	2,400 US\$ (2 nights stay)
Forehead Lift:	1,400 US\$ (1 night stay)
Neck Lift:	1,400 US\$ (1 night stay)
Brow Lift:	1,400 US\$ (1 night stay)

Pre- Op Instructions:

- ◆ Consultation with surgeon
- ◆ Evaluation for other medical conditions
- ◆ No intake of food or water 8 hrs prior to surgery
- ◆ Prepare compression garments to be used after surgery
- ◆ Stop smoking & alcohol intake at least 2-4 weeks before surgery
- ◆ Anticoagulants, vitamins, hormones (including birth control pills), anti-depressants & some other medications also to be stopped at least 2 weeks before surgery.

NOTE: *Please provide Yanhee with a complete list of medications each patient is taking so proper advice can be given as to which medications should or shouldn't be stopped.*



Anesthesia: General anesthesia

Duration: 1-2 hrs per area

Procedure:

- ♦ The incision usually begins above the hairline at the temples, extends to the front of the ear, & continues behind the earlobe to the lower scalp. If the neck needs work, a small incision is made under the chin.
- ♦ The surgeon separates the fat from the muscle below
- ♦ Fat may be trimmed or suctioned to improve contour
- ♦ The underlying muscles & membranes are tightened, the skin is pulled back & excess skin is removed
- ♦ Stitches are used to secure the tissue layers & close the incision. Metal clips may be used on the scalp
- ♦ A small drain is positioned under the skin behind the ear. The head is wrapped loosely in bandages to minimize bruising & swelling

Post-Op Instructions:

- ♦ Apply cold compress around the area for 2 days.
- ♦ Elevate head at all times. Always turn head & shoulders together.
- ♦ Avoid lifting heavy loads or bending for about 2 weeks.
- ♦ 3 days post-op hair may be washed with mild shampoo after bandages are removed.
- ♦ Normal activities can be resumed after 2-3 wks.
- ♦ Exercise and strenuous activities can be resumed after 4 wks.
- ♦ Most bruising & swelling subsides in 1-2 weeks and will continue to improve in 2-3 months.
- ♦ Hair coloring & hair dying should be avoided for about 6 wks.
- ♦ Follow-up check and removal of stitches will be 7-10 days after surgery.
- ♦ Numbness in the scalp is expected & is expected to subside within 6 wks.

BEFORE



AFTER



Yanhee International Hospital
PLASTIC SURGERY CENTER