

# Sex Reassignment Surgery Male-to-Female

This procedure, together with a real-life experience and hormone therapy, has proven to be effective treatment for transsexualism or severe Gender Identity Disorder. This is a combination of several surgeries, some of them irreversible, thus proper evaluation should be made by a qualified mental health practitioner and certain criteria should be met before one can undergo this important transition process.

## Price:

SRS MTF with labia skin graft:	6,500 US\$ (14 nights stay)
SRS MTF with colon vaginoplasty:	9,000 US\$ (14 nights stay)
Corrective SRS by colon vaginoplasty:	6,000 US\$ (14 nights stay)

## Pre-Op Instructions:

- ◆ Discontinue hormone therapy at least 2 weeks before surgery to avoid risk of thrombus formation
- ◆ Smoking & drinking of alcohol should be stopped at least 1 month prior to surgery
- ◆ Must have letter of recommendation for surgery from 2 mental health practitioners
- ◆ Consultation with specialist
- ◆ Must have no fluid or food intake for 8 hrs prior to surgery

**Anesthesia:** General anesthesia

**Duration:** 5-8 hrs

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## Procedure:

- ◆ Creation of anatomically realistic external female genitalia complete with labia and clitoris and vaginal cavity with penile skin inversion or colon vaginoplasty. The vaginal tunnel is created between the urethra/ prostate gland/ bladder and the rectum. The depth of this newly created space is normally between 5-7 inches from the beginning to the end of recto-vesical pouch (depends on patient's penile length).
- ◆ A portion of the glans (head of penis), with its nerves & vessels intact, is converted into a clitoris (functional in sensation & appearance).
- ◆ Excess erectile tissue around urethra is removed to avoid symptoms that stem from engorged erectile tissue during sexual arousal.

## Post-Op Instructions:

- ◆ Only a liquid diet is allowed 5-7 days after surgery. Avoid high fiber drinks or dairy products as these may induce defecation.
- ◆ Legs should be kept separated when sleeping for about a week.
- ◆ Clean neo-vagina with antiseptic solution
- ◆ Start walking 5-7 days post-op
- ◆ Use of dilator (from small to larger size) – dilate for 30 minutes at least 2x every day
- ◆ No sexual intercourse at least 2 months after surgery
- ◆ Hormone therapy may be resumed 1 week after surgery (before resuming, consultation with an endocrinologist is highly advised)



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